

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Sys Justine HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M MEDLEY MIXED 10-9							Heat:1, starttime: 14:00	
Heat: 1/1 Lane : 2 Athlete: VAN HOECKE OONA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 1: 200M MEDLEY MIXED 10-9							Heat:1, starttime: 14:00	
Heat: 1/1 Lane : 4 Athlete: VAN DEN BRULLE EBE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 1: 200M MEDLEY MIXED 10-9							Heat:1, starttime: 14:00	
Heat: 1/1 Lane : 5 Athlete: VAN CAENEGEM LARS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 2: 100M MEDLEY WOMEN 11+					Heat:1, starttime: 14:04
Heat: 1/21 Lane : 4 Athlete: BAEYENS EMKE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 14:07
Heat: 2/21 Lane : 5 Athlete: GERRITSEN VESPER					Q-time: 99:99:99
PB (25m pool): 01:30.99 WAREGEM 24/09/2022 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:30.99	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 14:09
Heat: 3/21 Lane : 1 Athlete: BEKAERT SOPHIA					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 14:09
Heat: 3/21 Lane : 2 Athlete: SUY NORA					Q-time: 99:99:99
PB (25m pool): 01:34.59 Nijlen 17/11/2024 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:34.59	
	no time				
					

Coach feedback:

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Event number: 2: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 14:09
Heat: 3/21 Lane : 5 Athlete: AKMAN REZZAN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 14:09
Heat: 3/21 Lane : 6 Athlete: VAN LAETHEM ALEXIS					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 14:11
Heat: 4/21 Lane : 3 Athlete: VELGHE LAUREN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 14:11
Heat: 4/21 Lane : 6 Athlete: HERREGODS INE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 2: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 14:14
Heat: 5/21 Lane : 2 Athlete: JANSSENS IBE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 14:16
Heat: 6/21 Lane : 1 Athlete: VAN CAENEGEM FIEN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 14:16
Heat: 6/21 Lane : 2 Athlete: BOON MARGOT					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 14:18
Heat: 7/21 Lane : 5 Athlete: RUTTEN LEONIE					Q-time: 99:99:99
PB (25m pool): 01:27.91 Temse 22/12/2024 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.81		01:27.91	
	00:40.81 00:47.10				
					

Coach feedback:

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Event number: 2: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 14:21
Heat: 8/21 Lane : 6 Athlete: VERBUSTEL LORE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 14:23
Heat: 9/21 Lane : 1 Athlete: GLORIEUX LEONIE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 14:23
Heat: 9/21 Lane : 4 Athlete: DEPESTELE GITTE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 14:23
Heat: 9/21 Lane : 5 Athlete: BAELE NORAH					Q-time: 99:99:99
PB (25m pool): 01:39.08 Nijlen 17/11/2024 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:39.08	
	no time				
					

Coach feedback:

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Event number: 2: 100M MEDLEY WOMEN 11+					Heat:12, starttime: 14:30
Heat: 12/21 Lane : 1 Athlete: VAN DEN BRULLE MANE					Q-time: 01:34:53
PB (25m pool): 01:34.53 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:34.53 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:34.53	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:12, starttime: 14:30
Heat: 12/21 Lane : 5 Athlete: UVYN AURÉLIE					Q-time: 01:33:09
PB (25m pool): 01:33.09 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:33.09 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:33.09	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:13, starttime: 14:32
Heat: 13/21 Lane : 1 Athlete: GALMART HAYLEY					Q-time: 01:30:07
PB (25m pool): 01:30.07 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:30.07 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:30.07	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:14, starttime: 14:34
Heat: 14/21 Lane : 3 Athlete: DAEM HANNELISE					Q-time: 01:26:28
PB (25m pool): 01:26.28 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:26.28 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:26.28	
	no time				
					

Coach feedback:

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Event number: 2: 100M MEDLEY WOMEN 11+					Heat:15, starttime: 14:35
Heat: 15/21 Lane : 3 Athlete: DE BACKER SOPHIE					Q-time: 01:23:96
PB (25m pool): 01:23.96 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:23.96 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:23.96	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:15, starttime: 14:35
Heat: 15/21 Lane : 4 Athlete: NGABO ANNABELLE					Q-time: 01:24:14
PB (25m pool): 01:24.14 Temse 21/12/2025					PB (50m pool): no time SB: 01:24.14 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.68		01:24.14	
	00:39.68 00:44.46				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:16, starttime: 14:37
Heat: 16/21 Lane : 1 Athlete: MENU NINA					Q-time: 01:23:84
PB (25m pool): 01:23.84 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:23.84 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:23.84	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:16, starttime: 14:37
Heat: 16/21 Lane : 3 Athlete: VANCAYZEELE MARGAUX					Q-time: 01:23:18
PB (25m pool): 01:23.18 Temse 21/12/2025					PB (50m pool): no time SB: 01:23.18 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.57		01:23.18	
	00:39.57 00:43.61				
					

Coach feedback:

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Event number: 2: 100M MEDLEY WOMEN 11+					Heat:16, starttime: 14:37
Heat: 16/21 Lane : 4 Athlete: STORME IEME					Q-time: 01:23:51
PB (25m pool): 01:23.51 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:23.51 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:23.51	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:16, starttime: 14:37
Heat: 16/21 Lane : 5 Athlete: DE ROYE YELENA					Q-time: 01:23:78
PB (25m pool): 01:23.78 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:23.78 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:23.78	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:16, starttime: 14:37
Heat: 16/21 Lane : 6 Athlete: DE GRIEVE ONA					Q-time: 01:23:88
PB (25m pool): 01:23.88 Temse 21/12/2025					PB (50m pool): no time SB: 01:23.88 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.86		01:23.88	
	00:38.86		00:45.02		
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:17, starttime: 14:39
Heat: 17/21 Lane : 1 Athlete: DE BOCK AUDE					Q-time: 01:22:50
PB (25m pool): 01:22.50 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:22.50 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:22.50	
	no time				
					

Coach feedback:

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Event number: 2: 100M MEDLEY WOMEN 11+					Heat:17, starttime: 14:39
Heat: 17/21 Lane : 3 Athlete: VERBERT KAAT					Q-time: 01:21:19
PB (25m pool): 01:21.19 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:21.19 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:21.19	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:17, starttime: 14:39
Heat: 17/21 Lane : 4 Athlete: DE WEVER LAURA					Q-time: 01:21:19
PB (25m pool): 01:21.19 Temse 21/12/2025					PB (50m pool): no time SB: 01:21.19 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.94		01:21.19	
	00:37.94 00:43.25				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:18, starttime: 14:41
Heat: 18/21 Lane : 1 Athlete: CANTRé EMILIE					Q-time: 01:20:42
PB (25m pool): 01:20.42 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:20.42 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:20.42	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:19, starttime: 14:42
Heat: 19/21 Lane : 1 Athlete: MINNOYE YAANA					Q-time: 01:19:36
PB (25m pool): 01:19.36 Temse 21/12/2025					PB (50m pool): no time SB: 01:19.36 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.26		01:19.36	
	00:36.26 00:43.10				
					

Coach feedback:

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Event number: 2: 100M MEDLEY WOMEN 11+					Heat:19, starttime: 14:42
Heat: 19/21 Lane : 3 Athlete: VAN GHELUE RINSKE					Q-time: 01:18:66
PB (25m pool): 01:18.66 Temse 21/12/2025					PB (50m pool): no time SB: 01:18.66 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.46		01:18.66	
	00:37.46		00:41.20		
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:19, starttime: 14:42
Heat: 19/21 Lane : 4 Athlete: DE SMAELE KENZA					Q-time: 01:18:77
PB (25m pool): 01:18.77 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:18.77 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:18.77	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:19, starttime: 14:42
Heat: 19/21 Lane : 6 Athlete: BOGAERT HANNE					Q-time: 01:19:41
PB (25m pool): 01:19.41 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:19.41 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.41	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:20, starttime: 14:44
Heat: 20/21 Lane : 1 Athlete: BEULENS LOTTE					Q-time: 01:17:45
PB (25m pool): 01:17.45 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:17.45 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:17.45	
	no time				
					

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 100M MEDLEY WOMEN 11+					Heat:20, starttime: 14:44
Heat: 20/21 Lane : 5 Athlete: DEGRANDE AN					Q-time: 01:17:10
PB (25m pool): 01:17.10 Temse 21/12/2025					PB (50m pool): no time SB: 01:17.10 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.22		01:17.10	
	00:35.22		00:41.88		
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:1, starttime: 14:47
Heat: 1/17 Lane : 4 Athlete: DE VEERMAN ILAN					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:3, starttime: 14:52
Heat: 3/17 Lane : 3 Athlete: MATAIGNE MICHEL					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:3, starttime: 14:52
Heat: 3/17 Lane : 4 Athlete: MILLET LUCAS					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M MEDLEY MEN 11+					Heat:3, starttime: 14:52
Heat: 3/17 Lane : 6 Athlete: DE KEIJSER RAF					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:4, starttime: 14:54
Heat: 4/17 Lane : 4 Athlete: DOTTAVI PIETRO					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:4, starttime: 14:54
Heat: 4/17 Lane : 5 Athlete: STEVENS JAAN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:5, starttime: 14:57
Heat: 5/17 Lane : 1 Athlete: TRIEST LOUIS					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 3: 100M MEDLEY MEN 11+					Heat:5, starttime: 14:57
Heat: 5/17 Lane : 3 Athlete: HELSKENS LEX					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:5, starttime: 14:57
Heat: 5/17 Lane : 6 Athlete: VEYS ARTHUR					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:6, starttime: 14:59
Heat: 6/17 Lane : 1 Athlete: GERRITSEN BRUNO					Q-time: 99:99:99
PB (25m pool): 01:30.89 Eeklo 01/04/2024 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:30.89	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:6, starttime: 14:59
Heat: 6/17 Lane : 2 Athlete: DE KEIJSER STAF					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 3: 100M MEDLEY MEN 11+					Heat:6, starttime: 14:59
Heat: 6/17 Lane : 4 Athlete: VAN KERKHOVE JORICK					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:6, starttime: 14:59
Heat: 6/17 Lane : 5 Athlete: BOGAERT OSCAR					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:7, starttime: 15:01
Heat: 7/17 Lane : 2 Athlete: TIMMERMANS THEO					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:7, starttime: 15:01
Heat: 7/17 Lane : 5 Athlete: MARGUTTI MAURO					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M MEDLEY MEN 11+					Heat:8, starttime: 15:04
Heat: 8/17 Lane : 2 Athlete: MILLET NOAH					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:8, starttime: 15:04
Heat: 8/17 Lane : 3 Athlete: TRIEST JULES					Q-time: 99:99:99
PB (25m pool): 01:46.42 DENDERMONDE 23/11/2024 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:46.42	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:8, starttime: 15:04
Heat: 8/17 Lane : 4 Athlete: COSYN MATS					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:8, starttime: 15:04
Heat: 8/17 Lane : 5 Athlete: CASTEUR NICOLAS					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M MEDLEY MEN 11+					Heat:9, starttime: 15:06
Heat: 9/17 Lane : 1 Athlete: VERMEIR CAS					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:9, starttime: 15:06
Heat: 9/17 Lane : 3 Athlete: DE WEVER ARTHUR					Q-time: 01:50:47
PB (25m pool): 01:50.47 Nijlen 19/11/2023 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:50.47	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:9, starttime: 15:06
Heat: 9/17 Lane : 6 Athlete: DE PAUW JULES					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:10, starttime: 15:08
Heat: 10/17 Lane : 2 Athlete: COESSENS KOBE					Q-time: 01:31:29
PB (25m pool): 01:31.29 Temse 21/12/2025 PB (50m pool): no time SB: 01:31.29 Temse 21/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.37		01:31.29	
	00:41.37 00:49.92				
					

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M MEDLEY MEN 11+					Heat:10, starttime: 15:08
Heat: 10/17 Lane : 4 Athlete: ACKE MANU					Q-time: 01:31:13
PB (25m pool): 01:31.13 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:31.13 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:31.13	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:12, starttime: 15:12
Heat: 12/17 Lane : 4 Athlete: BECK STANN					Q-time: 01:20:89
PB (25m pool): 01:20.89 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:20.89 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:20.89	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:12, starttime: 15:12
Heat: 12/17 Lane : 6 Athlete: STEVENS GERBEN					Q-time: 01:25:18
PB (25m pool): 01:25.18 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:25.18 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:25.18	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:13, starttime: 15:14
Heat: 13/17 Lane : 3 Athlete: HOSTE LARS					Q-time: 01:17:63
PB (25m pool): 01:17.63 Temse 21/12/2025					PB (50m pool): no time SB: 01:17.63 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.62		01:17.63	
	00:34.62		00:43.01		
					

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M MEDLEY MEN 11+					Heat:13, starttime: 15:14
Heat: 13/17 Lane : 4 Athlete: MINNOYE TIEBE					Q-time: 01:18:10
PB (25m pool): 01:18.10 Temse 21/12/2025					PB (50m pool): no time SB: 01:18.10 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.20		01:18.10	
	00:36.20		00:41.90		
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:13, starttime: 15:14
Heat: 13/17 Lane : 6 Athlete: UVYN MAXIM					Q-time: 01:19:63
PB (25m pool): 01:19.63 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:19.63 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.63	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:14, starttime: 15:16
Heat: 14/17 Lane : 3 Athlete: VANNIEUWENHUYSE LOïc					Q-time: 01:13:22
PB (25m pool): 01:13.22 Sinbad 22/07/2025					PB (50m pool): no time SB: 01:14.96 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:13.22	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:14, starttime: 15:16
Heat: 14/17 Lane : 5 Athlete: DE CHAMPS LOïc					Q-time: 01:16:88
PB (25m pool): 01:16.88 Temse 21/12/2025					PB (50m pool): no time SB: 01:16.88 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.32		01:16.88	
	00:35.32		00:41.56		
					

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M MEDLEY MEN 11+					Heat:15, starttime: 15:17
Heat: 15/17 Lane : 4 Athlete: EL GHAZALI ADAM					Q-time: 01:10:90
PB (25m pool): 01:10.90 Temse 21/12/2025					PB (50m pool): no time SB: 01:10.90 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.45		01:10.90	
	00:31.45		00:39.45		
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:16, starttime: 15:19
Heat: 16/17 Lane : 2 Athlete: BEERNAERT DAAN					Q-time: 01:08:42
PB (25m pool): 01:08.42 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:08.42 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.42	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:16, starttime: 15:19
Heat: 16/17 Lane : 6 Athlete: VAN RAEMDONCK CAMU					Q-time: 01:09:82
PB (25m pool): 01:09.82 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:09.82 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:09.82	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:17, starttime: 15:20
Heat: 17/17 Lane : 1 Athlete: VAN TRICHT FINN					Q-time: 01:04:88
PB (25m pool): 01:04.88 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:04.88 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:04.88	
	no time				
					

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 100M MEDLEY MEN 11+					Heat:17, starttime: 15:20
Heat: 17/17 Lane : 2 Athlete: VERHEYDEN VINZ					Q-time: 01:04:77
PB (25m pool): 01:04.77 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:04.77 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:04.77	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:17, starttime: 15:20
Heat: 17/17 Lane : 3 Athlete: DE SMAELE KEYON					Q-time: 01:02:48
PB (25m pool): 01:02.41 Gent(Sint-Amandsberg) 11/11/2024					PB (50m pool): no time SB: 01:02.48 Gent 09/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.95		01:02.41	
	00:28.95 00:33.46				
					

Coach feedback:

Event number: 3: 100M MEDLEY MEN 11+					Heat:17, starttime: 15:20
Heat: 17/17 Lane : 5 Athlete: NEYRYNCK TIBO					Q-time: 01:04:78
PB (25m pool): 01:04.78 Temse 21/12/2025					PB (50m pool): no time SB: 01:04.78 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.10		01:04.78	
	00:30.10 00:34.68				
					

Coach feedback:

Event number: 4: 200M BUTTERFLY WOMEN 11+							Heat:1, starttime: 15:22	
Heat: 1/2 Lane : 4 Athlete: VERBERT KAAT							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 200M BUTTERFLY WOMEN 11+							Heat:2, starttime: 15:25	
Heat: 2/2 Lane : 1 Athlete: VAN LOO HANNAH							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 4: 200M BUTTERFLY WOMEN 11+							Heat:2, starttime: 15:25	
Heat: 2/2 Lane : 6 Athlete: DE SMAELE KENZA							Q-time: 99:99:99	
PB (25m pool): 03:25.24 Sinbad 24/03/2024			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:25.24
	no time							
								

Coach feedback:

Event number: 5: 200M BUTTERFLY MEN 11+							Heat:1, starttime: 15:29	
Heat: 1/3 Lane : 2 Athlete: VAN RAEMDONCK CAMU							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 5: 200M BUTTERFLY MEN 11+							Heat:1, starttime: 15:29	
Heat: 1/3 Lane : 3 Athlete: STEVENS JAAN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 200M BUTTERFLY MEN 11+							Heat:2, starttime: 15:33	
Heat: 2/3 Lane : 5 Athlete: HOSTE LARS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 5: 200M BUTTERFLY MEN 11+							Heat:3, starttime: 15:37	
Heat: 3/3 Lane : 4 Athlete: BEERNAERT DAAN							Q-time: 02:35:04	
PB (25m pool): 02:39.08 Sint-Amandsberg 19/10/2025			PB (50m pool): 02:35.04SB: 02:39.08 Sint-Amandsberg 19/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.88		01:12.59		01:55.81		02:39.08
	00:31.88		00:40.71		00:43.22		00:43.27	
								

Coach feedback:

Event number: 6: 100M FREESTYLE MIXED 10-9							Heat:1, starttime: 15:41	
Heat: 1/1 Lane : 2 Athlete: VAN CAENEGEM LARS							Q-time: 01:35:52	
PB (25m pool): no time				PB (50m pool): 01:35.52 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		no time				
	no time							
								

Coach feedback:

Event number: 6: 100M FREESTYLE MIXED 10-9							Heat:1, starttime: 15:41	
Heat: 1/1 Lane : 4 Athlete: VAN HOECKE OONA							Q-time: 01:29:16	
PB (25m pool): no time				PB (50m pool): 01:29.16SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		no time				
	no time							
								

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 6: 100M FREESTYLE MIXED 10-9					Heat:1, starttime: 15:41
Heat: 1/1 Lane : 5 Athlete: VAN DEN BRULLE EBE					Q-time: 01:36:92
PB (25m pool): no time					PB (50m pool): 01:36.92 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+					Heat:3, starttime: 15:45
Heat: 3/15 Lane : 6 Athlete: GLORIEUX LEONIE					Q-time: 99:99:99
PB (25m pool): 00:35.61 Sint-Amandsberg 27/10/2024					PB (50m pool): 00:35.87 SB: no time
	2 5 M	5 0 M			
PB		00:35.61			
	00:35.61				
					

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+					Heat:4, starttime: 15:46
Heat: 4/15 Lane : 2 Athlete: VERBUSTEL LORE					Q-time: 00:40:96
PB (25m pool): no time					PB (50m pool): 00:40.96 SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+					Heat:5, starttime: 15:47
Heat: 5/15 Lane : 3 Athlete: BOON MARGOT					Q-time: 00:38:83
PB (25m pool): no time					PB (50m pool): 00:38.83 SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 15:47
Heat: 5/15 Lane : 4 Athlete: BAEYENS EMKE			Q-time: 00:39:07
PB (25m pool): no time			PB (50m pool): 00:39.07 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 15:48
Heat: 6/15 Lane : 2 Athlete: VAN CAENEGEM FIEN			Q-time: 00:37:84
PB (25m pool): 00:39.11 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:37.84 SB: 00:39.11 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	
PB		00:39.11	
	00:39.11		
			

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 15:48
Heat: 6/15 Lane : 6 Athlete: VAN LAETHEM ALEXIS			Q-time: 00:38:67
PB (25m pool): 00:41.35 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:38.67 SB: 00:41.35 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	
PB		00:41.35	
	00:41.35		
			

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:7, starttime: 15:49
Heat: 7/15 Lane : 2 Athlete: VAN DEN BRULLE MANE			Q-time: 00:36:56
PB (25m pool): 00:36.56 WAREGEM 27/09/2025			PB (50m pool): 00:38.88 SB: 00:36.56 WAREGEM 27/09/2025
	2 5 M	5 0 M	
PB		00:36.56	
	00:36.56		
			

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 15:50
Heat: 8/15 Lane : 1 Athlete: UVYN AURÉLIE			Q-time: 00:36:00
PB (25m pool): 00:36.40 WAREGEM 27/09/2025			PB (50m pool): 00:36.00 SB: 00:36.40 WAREGEM 27/09/2025
	2 5 M	5 0 M	
PB		00:36.40	
		00:36.40	
			

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 15:50
Heat: 8/15 Lane : 3 Athlete: BEKAERT SOPHIA			Q-time: 00:35:63
PB (25m pool): 00:36.47 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:35.63 SB: 00:36.47 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	
PB		00:36.47	
		00:36.47	
			

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:9, starttime: 15:51
Heat: 9/15 Lane : 2 Athlete: VAN LOO HANNAH			Q-time: 00:34:41
PB (25m pool): 00:34.92 WAREGEM 27/09/2025			PB (50m pool): 00:34.41 SB: 00:34.92 WAREGEM 27/09/2025
	2 5 M	5 0 M	
PB		00:34.92	
		00:34.92	
			

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:9, starttime: 15:51
Heat: 9/15 Lane : 5 Athlete: GALMART HAYLEY			Q-time: 00:34:72
PB (25m pool): 00:34.72 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:34.80 SB: 00:34.72 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	
PB		00:34.72	
		00:34.72	
			

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:10, starttime: 15:52
Heat: 10/15 Lane : 2 Athlete: GERRITSEN VESPER			Q-time: 00:33:63
PB (25m pool): 00:33.63 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:34.56 SB: 00:33.63 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	
PB		00:33.63	
		00:33.63	
			

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:10, starttime: 15:52
Heat: 10/15 Lane : 3 Athlete: VELGHE LAUREN			Q-time: 00:33:49
PB (25m pool): 00:33.49 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:37.88 SB: 00:33.49 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	
PB		00:33.49	
		00:33.49	
			

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:11, starttime: 15:53
Heat: 11/15 Lane : 5 Athlete: VERBERT KAAT			Q-time: 00:33:36
PB (25m pool): 00:34.66 WAREGEM 27/09/2025			PB (50m pool): 00:33.36 SB: 00:34.66 WAREGEM 27/09/2025
	2 5 M	5 0 M	
PB		00:34.66	
		00:34.66	
			

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:12, starttime: 15:54
Heat: 12/15 Lane : 1 Athlete: DE BACKER SOPHIE			Q-time: 00:32:89
PB (25m pool): 00:32.89 WAREGEM 27/09/2025			PB (50m pool): 00:32.95 SB: 00:32.89 WAREGEM 27/09/2025
	2 5 M	5 0 M	
PB		00:32.89	
		00:32.89	
			

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:12, starttime: 15:54
Heat: 12/15 Lane : 2 Athlete: DAEM HANNELISE			Q-time: 00:32:81
PB (25m pool): 00:33.72 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:32.81 SB: 00:33.72 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	
PB		00:33.72	
		00:33.72	
			

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:12, starttime: 15:54
Heat: 12/15 Lane : 3 Athlete: VAN GHELUE RINSKE			Q-time: 00:32:21
PB (25m pool): 00:33.02 Lokeren 29/09/2024			PB (50m pool): 00:32.21 SB: 00:33.64 WAREGEM 27/09/2025
	2 5 M	5 0 M	
PB		00:33.02	
		00:33.02	
			

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:12, starttime: 15:54
Heat: 12/15 Lane : 4 Athlete: DE BOCK AUDE			Q-time: 00:32:63
PB (25m pool): 00:32.63 WAREGEM 27/09/2025			PB (50m pool): 00:32.97 SB: 00:32.63 WAREGEM 27/09/2025
	2 5 M	5 0 M	
PB		00:32.63	
		00:32.63	
			

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:12, starttime: 15:54
Heat: 12/15 Lane : 5 Athlete: STORME IEME			Q-time: 00:32:84
PB (25m pool): 00:32.95 T ROSCO 20/10/2024			PB (50m pool): 00:32.84 SB: 00:33.08 WAREGEM 27/09/2025
	2 5 M	5 0 M	
PB		00:32.95	
		00:32.95	
			

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:13, starttime: 15:55
Heat: 13/15 Lane : 4 Athlete: DE ROYE YELENA			Q-time: 00:31:85
PB (25m pool): 00:31.85 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:32.08 SB: 00:31.85 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	
PB		00:31.85	
		00:31.85	
			

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:13, starttime: 15:55
Heat: 13/15 Lane : 5 Athlete: CANTRé EMILIE			Q-time: 00:32:04
PB (25m pool): 00:31.53 Nijlen 17/11/2024			PB (50m pool): 00:31.90 SB: 00:32.04 WAREGEM 27/09/2025
	2 5 M	5 0 M	
PB		00:31.53	
		00:31.53	
			

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:14, starttime: 15:56
Heat: 14/15 Lane : 1 Athlete: DE SMAELE KENZA			Q-time: 00:31:60
PB (25m pool): 00:32.01 WAREGEM 27/09/2025			PB (50m pool): 00:31.60 SB: 00:32.01 WAREGEM 27/09/2025
	2 5 M	5 0 M	
PB		00:32.01	
		00:32.01	
			

Coach feedback:

Event number: 7: 50M FREESTYLE WOMEN 11+			Heat:14, starttime: 15:56
Heat: 14/15 Lane : 6 Athlete: JANSSENS IBE			Q-time: 00:31:60
PB (25m pool): 00:32.47 Gent 23/02/2025			PB (50m pool): 00:31.60 SB: no time
	2 5 M	5 0 M	
PB		00:32.47	
		00:32.47	
			

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 8: 50M FREESTYLE MEN 11+			Heat:1, starttime: 15:57
Heat: 1/9 Lane : 3 Athlete: DE PAUW JULES			Q-time: 99:99:99
PB (25m pool): 00:36.13 Sinbad 26/05/2024			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:36.13	
	00:36.13		
			

Coach feedback:

Event number: 8: 50M FREESTYLE MEN 11+			Heat:1, starttime: 15:57
Heat: 1/9 Lane : 5 Athlete: BOGAERT OSCAR			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 8: 50M FREESTYLE MEN 11+			Heat:2, starttime: 15:59
Heat: 2/9 Lane : 1 Athlete: MILLET NOAH			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 8: 50M FREESTYLE MEN 11+			Heat:2, starttime: 15:59
Heat: 2/9 Lane : 6 Athlete: VAN KERKHOVE JORICK			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 8: 50M FREESTYLE MEN 11+			Heat:4, starttime: 16:01
Heat: 4/9 Lane : 5 Athlete: ACKE MANU			Q-time: 00:35:77
PB (25m pool): 00:36.58 WAREGEM 27/09/2025			PB (50m pool): 00:35.77 SB: 00:36.58 WAREGEM 27/09/2025
	2 5 M	5 0 M	
PB		00:36.58	
		00:36.58	
			

Coach feedback:

Event number: 8: 50M FREESTYLE MEN 11+			Heat:5, starttime: 16:02
Heat: 5/9 Lane : 3 Athlete: MILLET LUCAS			Q-time: 00:33:12
PB (25m pool): 00:33.12 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:34.13 SB: 00:33.12 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	
PB		00:33.12	
		00:33.12	
			

Coach feedback:

Event number: 8: 50M FREESTYLE MEN 11+			Heat:5, starttime: 16:02
Heat: 5/9 Lane : 6 Athlete: MARGUTTI MAURO			Q-time: 00:34:61
PB (25m pool): 00:34.61 Sint-Amandsberg 19/10/2025			PB (50m pool): no time SB: 00:34.61 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	
PB		00:34.61	
		00:34.61	
			

Coach feedback:

Event number: 8: 50M FREESTYLE MEN 11+			Heat:6, starttime: 16:02
Heat: 6/9 Lane : 1 Athlete: STEVENS GERBEN			Q-time: 00:32:78
PB (25m pool): 00:32.78 WAREGEM 27/09/2025			PB (50m pool): 00:34.20 SB: 00:32.78 WAREGEM 27/09/2025
	2 5 M	5 0 M	
PB		00:32.78	
		00:32.78	
			

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 8: 50M FREESTYLE MEN 11+			Heat:6, starttime: 16:02
Heat: 6/9 Lane : 4 Athlete: GERRITSEN BRUNO			Q-time: 00:30:52
PB (25m pool): 00:30.90 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:30.52 SB: 00:30.90 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	
PB		00:30.90	
		00:30.90	
			

Coach feedback:

Event number: 8: 50M FREESTYLE MEN 11+			Heat:6, starttime: 16:02
Heat: 6/9 Lane : 6 Athlete: BECK STANN			Q-time: 00:32:87
PB (25m pool): 00:33.84 WAREGEM 27/09/2025			PB (50m pool): 00:32.87 SB: 00:33.84 WAREGEM 27/09/2025
	2 5 M	5 0 M	
PB		00:33.84	
		00:33.84	
			

Coach feedback:

Event number: 8: 50M FREESTYLE MEN 11+			Heat:7, starttime: 16:03
Heat: 7/9 Lane : 6 Athlete: HOSTE LARS			Q-time: 00:30:23
PB (25m pool): 00:30.45 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:30.23 SB: 00:30.45 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	
PB		00:30.45	
		00:30.45	
			

Coach feedback:

Event number: 8: 50M FREESTYLE MEN 11+			Heat:8, starttime: 16:04
Heat: 8/9 Lane : 3 Athlete: STEVENS JAAN			Q-time: 00:28:77
PB (25m pool): 00:28.77 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:28.83 SB: 00:28.77 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	
PB		00:28.77	
		00:28.77	
			

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 8: 50M FREESTYLE MEN 11+						Heat:9, starttime: 16:05	
Heat: 9/9 Lane : 2 Athlete: VAN RAEMDONCK CAMU						Q-time: 00:27:78	
PB (25m pool): 00:27.40 Sint-Amandsberg 27/10/2024				PB (50m pool): 00:28.35 SB: 00:27.97 WAREGEM 27/09/2025			
	2 5 M	5 0 M					
PB		00:27.40					
	00:27.40						
							

Coach feedback:

Event number: 8: 50M FREESTYLE MEN 11+										Heat:9, starttime: 16:05	
Heat: 9/9 Lane : 3 Athlete: DE SMAELE KEYON										Q-time: 00:26:28	
PB (25m pool): 00:26.28 WAREGEM 27/09/2025										PB (50m pool): 00:26.90 SB: 00:26.28 WAREGEM 27/09/2025	
	2 5 M		5 0 M								
PB			00:26.28								
			00:26.28								
											

Coach feedback:

Event number: 8: 50M FREESTYLE MEN 11+										Heat:9, starttime: 16:05	
Heat: 9/9 Lane : 6 Athlete: VANNIEUWENHUYSE LOïc										Q-time: 00:28:63	
PB (25m pool): 00:29.12 T ROSCO 20/10/2024										PB (50m pool): 00:28.63 SB: 00:29.69 WAREGEM 27/09/2025	
	2 5 M		5 0 M								
PB			00:29.12								
			00:29.12								
											

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:1, starttime: 16:06	
Heat: 1/16 Lane : 4 Athlete: VERBUSTEL LORE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 16:15	
Heat: 3/16 Lane : 2 Athlete: VAN LAETHEM ALEXIS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 16:15	
Heat: 3/16 Lane : 5 Athlete: BAELE NORAH							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:5, starttime: 16:23	
Heat: 5/16 Lane : 5 Athlete: VAN CAENEGEM FIEN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:6, starttime: 16:28	
Heat: 6/16 Lane : 1 Athlete: BAEYENS EMKE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:6, starttime: 16:28	
Heat: 6/16 Lane : 3 Athlete: AKMAN REZZAN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:7, starttime: 16:32	
Heat: 7/16 Lane : 1 Athlete: HERREGODS INE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:8, starttime: 16:36	
Heat: 8/16 Lane : 6 Athlete: DEPESTELE GITTE							Q-time: 03:32:49	
PB (25m pool): 03:32.49 Sint-Amandsberg 19/10/2025			PB (50m pool): no time SB: 03:32.49 Sint-Amandsberg 19/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.26		01:42.32		02:38.15		03:32.49
	00:48.26		00:54.06		00:55.83		00:54.34	
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:9, starttime: 16:41	
Heat: 9/16 Lane : 1 Athlete: GALMART HAYLEY							Q-time: 03:21:80	
PB (25m pool): 03:21.80 Sint-Amandsberg 19/10/2025			PB (50m pool): 03:39.25SB: 03:21.80 Sint-Amandsberg 19/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.16		01:41.11		02:33.37		03:21.80
	00:48.16		00:52.95		00:52.26		00:48.43	
								

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:9, starttime: 16:41	
Heat: 9/16 Lane : 2 Athlete: UVYN AURÉLIE							Q-time: 03:19:21	
PB (25m pool): 03:19.21 Sint-Amandsberg 19/10/2025				PB (50m pool): 03:28.86SB: 03:19.21 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.78		01:36.58		02:28.13		03:19.21
	00:46.78		00:49.80		00:51.55		00:51.08	
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:9, starttime: 16:41	
Heat: 9/16 Lane : 3 Athlete: VAN DEN BRULLE MANE							Q-time: 03:16:57	
PB (25m pool): 03:16.57 Sint-Amandsberg 19/10/2025				PB (50m pool): 03:31.68SB: 03:16.57 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.71		01:36.61		02:27.86		03:16.57
	00:44.71		00:51.90		00:51.25		00:48.71	
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:9, starttime: 16:41	
Heat: 9/16 Lane : 4 Athlete: DE WEVER LAURA							Q-time: 03:17:19	
PB (25m pool): no time			PB (50m pool): 03:17.19SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:10, starttime: 16:45	
Heat: 10/16 Lane : 5 Athlete: MENU NINA							Q-time: 03:11:53	
PB (25m pool): no time			PB (50m pool): 03:11.53 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:11, starttime: 16:49	
Heat: 11/16 Lane : 2 Athlete: VELGHE LAUREN							Q-time: 03:03:92	
PB (25m pool): no time			PB (50m pool): 03:03.92 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:11, starttime: 16:49	
Heat: 11/16 Lane : 3 Athlete: NGABO ANNABELLE							Q-time: 03:02:92	
PB (25m pool): 03:03.66 Sint-Amandsberg 19/10/2025				PB (50m pool): 03:02.92SB: 03:03.66 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.26		01:30.08		02:17.97		03:03.66
	00:43.26		00:46.82		00:47.89		00:45.69	
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:11, starttime: 16:49	
Heat: 11/16 Lane : 4 Athlete: SUY NORA							Q-time: 03:03:01	
PB (25m pool): 03:03.01 Sint-Amandsberg 19/10/2025				PB (50m pool): no time SB: 03:03.01 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.03		01:31.36		02:19.00		03:03.01
	00:44.03		00:47.33		00:47.64		00:44.01	
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:12, starttime: 16:53	
Heat: 12/16 Lane : 2 Athlete: RUTTEN LEONIE							Q-time: 03:00:38	
PB (25m pool): 03:00.38 Sint-Amandsberg 19/10/2025				PB (50m pool): 03:01.46SB: 03:00.38 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.16		01:29.08		02:15.22		03:00.38
	00:43.16		00:45.92		00:46.14		00:45.16	
								

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:12, starttime: 16:53	
Heat: 12/16 Lane : 5 Athlete: VANCAYZEELE MARGAUX							Q-time: 03:01:72	
PB (25m pool): no time			PB (50m pool): 03:01.72 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:13, starttime: 16:56	
Heat: 13/16 Lane : 1 Athlete: DE GRIEVE ONA							Q-time: 02:58:61	
PB (25m pool): 02:57.57 Temse 12/03/2023				PB (50m pool): 02:52.77 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:57.57
	no time							
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:13, starttime: 16:56	
Heat: 13/16 Lane : 2 Athlete: VAN LOO HANNAH							Q-time: 02:55:78	
PB (25m pool): 02:55.78 TEMSE 23/11/2025			PB (50m pool): 03:03.56SB: 02:55.78 TEMSE 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.17		01:25.66		02:11.32		02:55.78
	00:41.17		00:44.49		00:45.66		00:44.46	
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:13, starttime: 16:56	
Heat: 13/16 Lane : 3 Athlete: DE ROYE YELENA							Q-time: 02:51:95	
PB (25m pool): 02:51.95 Sint-Amandsberg 19/10/2025				PB (50m pool): 03:07.74SB: 02:51.95 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.09		01:23.16		02:07.11		02:51.95
	00:40.09		00:43.07		00:43.95		00:44.84	
								

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:14, starttime: 17:00	
Heat: 14/16 Lane : 2 Athlete: VAN GHELUE RINSKE							Q-time: 02:48:67	
PB (25m pool): 02:48.67 Sint-Amandsberg 19/10/2025				PB (50m pool): no time SB: 02:48.67 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.62		01:23.97		02:07.47		02:48.67
	00:40.62		00:43.35		00:43.50		00:41.20	
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:14, starttime: 17:00	
Heat: 14/16 Lane : 6 Athlete: DAEM HANNELISE							Q-time: 02:51:80	
PB (25m pool): 02:51.80 TEMSE 23/11/2025				PB (50m pool): 02:56.02SB: 02:51.80 TEMSE 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.94		01:24.20		02:09.55		02:51.80
	00:39.94		00:44.26		00:45.35		00:42.25	
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:15, starttime: 17:04	
Heat: 15/16 Lane : 2 Athlete: STORME IEME							Q-time: 02:46:15	
PB (25m pool): 02:46.15 TEMSE 23/11/2025				PB (50m pool): 02:49.09SB: 02:46.15 TEMSE 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.22		01:19.77		02:03.05		02:46.15
	00:38.22		00:41.55		00:43.28		00:43.10	
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:15, starttime: 17:04	
Heat: 15/16 Lane : 6 Athlete: DE BACKER SOPHIE							Q-time: 02:47:47	
PB (25m pool): 02:47.47 TEMSE 23/11/2025				PB (50m pool): 02:49.52SB: 02:47.47 TEMSE 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.39		01:22.64		02:06.17		02:47.47
	00:40.39		00:42.25		00:43.53		00:41.30	
								

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:16, starttime: 17:07	
Heat: 16/16 Lane : 1 Athlete: MINNOYE YAANA							Q-time: 02:44:73	
PB (25m pool): 02:44.73 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:50.04SB: 02:44.73 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.15		01:20.49		02:02.76		02:44.73
	00:38.15		00:42.34		00:42.27		00:41.97	
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:16, starttime: 17:07	
Heat: 16/16 Lane : 4 Athlete: CANTRé EMILIE							Q-time: 02:38:49	
PB (25m pool): 02:38.49 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:45.59SB: 02:38.49 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.92		01:17.29		01:58.72		02:38.49
	00:36.92		00:40.37		00:41.43		00:39.77	
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:16, starttime: 17:07	
Heat: 16/16 Lane : 6 Athlete: DEGRANDE AN							Q-time: 02:45:35	
PB (25m pool): 02:45.35 Temse 17/11/2025				PB (50m pool): 02:50.85SB: 02:45.35 Temse 17/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.71		01:22.35		02:04.67		02:45.35
	00:39.71		00:42.64		00:42.32		00:40.68	
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:1, starttime: 17:11	
Heat: 1/13 Lane : 2 Athlete: DE KEIJSER RAF							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:1, starttime: 17:11	
Heat: 1/13 Lane : 3 Athlete: CASTEUR NICOLAS							Q-time: 99:99:99	
PB (25m pool): 03:10.15 Sinbad 29/12/2024				PB (50m pool): 03:23.52 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.67		01:33.61		no time		03:10.15
	00:43.67		00:49.94					
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:2, starttime: 17:15	
Heat: 2/13 Lane : 1 Athlete: BOGAERT OSCAR							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:2, starttime: 17:15	
Heat: 2/13 Lane : 2 Athlete: DE WEVER ARTHUR							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:2, starttime: 17:15	
Heat: 2/13 Lane : 3 Athlete: NEYRYNCK TIBO							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:2, starttime: 17:15	
Heat: 2/13 Lane : 4 Athlete: COSYN MATS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:2, starttime: 17:15	
Heat: 2/13 Lane : 6 Athlete: DOTTAVI PIETRO							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:3, starttime: 17:20	
Heat: 3/13 Lane : 3 Athlete: TIMMERMANS THEO							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:4, starttime: 17:24	
Heat: 4/13 Lane : 3 Athlete: MATAIGNE MICHEL							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:4, starttime: 17:24	
Heat: 4/13 Lane : 6 Athlete: DE VEERMAN ILAN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:5, starttime: 17:29	
Heat: 5/13 Lane : 4 Athlete: MILLET NOAH							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:5, starttime: 17:29	
Heat: 5/13 Lane : 5 Athlete: BECK STANN							Q-time: 99:99:99	
PB (25m pool): 03:17.32 Ronse 17/03/2024			PB (50m pool): 03:15.01 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:17.32
	no time							
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:5, starttime: 17:29	
Heat: 5/13 Lane : 6 Athlete: DE KEIJSER STAF							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:6, starttime: 17:33	
Heat: 6/13 Lane : 1 Athlete: MILLET LUCAS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:6, starttime: 17:33	
Heat: 6/13 Lane : 2 Athlete: TRIEST JULES							Q-time: 03:45:80	
PB (25m pool): 03:45.80 Sinbad 16/03/2025			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:52.50		01:49.99		no time		03:45.80
	00:52.50		00:57.49					
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:6, starttime: 17:33	
Heat: 6/13 Lane : 3 Athlete: VERMEIR CAS							Q-time: 03:23:76	
PB (25m pool): 03:23.76 Sint-Amandsberg 19/10/2025			PB (50m pool): no time SB: 03:23.76 Sint-Amandsberg 19/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.39		01:39.62		02:33.35		03:23.76
	00:47.39		00:52.23		00:53.73		00:50.41	
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:7, starttime: 17:38	
Heat: 7/13 Lane : 2 Athlete: HELSKENS LEX							Q-time: 03:13:58	
PB (25m pool): 03:13.58 Sint-Amandsberg 19/10/2025			PB (50m pool): no time SB: 03:13.58 Sint-Amandsberg 19/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.78		01:33.89		02:25.02		03:13.58
	00:44.78		00:49.11		00:51.13		00:48.56	
								

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:7, starttime: 17:38	
Heat: 7/13 Lane : 3 Athlete: TRIEST LOUIS							Q-time: 03:11:27	
PB (25m pool): no time			PB (50m pool): 03:11.27 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:7, starttime: 17:38	
Heat: 7/13 Lane : 4 Athlete: COESSENS KOBE							Q-time: 03:11:79	
PB (25m pool): 03:11.79 Sint-Niklaas 28/12/2025				PB (50m pool): no time SB: 03:11.79 Sint-Niklaas 28/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.15		01:33.79		no time		03:11.79
	00:45.15		00:48.64					
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:7, starttime: 17:38	
Heat: 7/13 Lane : 5 Athlete: ACKE MANU							Q-time: 03:14:13	
PB (25m pool): 03:14.13 TEMSE 23/11/2025			PB (50m pool): 03:18.76 SB: 03:14.13 TEMSE 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.21		01:37.04		02:26.30		03:14.13
	00:48.21		00:48.83		00:49.26		00:47.83	
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:7, starttime: 17:38	
Heat: 7/13 Lane : 6 Athlete: VEYS ARTHUR							Q-time: 03:20:70	
PB (25m pool): 03:20.70 Sint-Amandsberg 19/10/2025				PB (50m pool): no time SB: 03:20.70 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.91		01:38.75		no time		03:20.70
	00:47.91		00:50.84					
								

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:8, starttime: 17:42	
Heat: 8/13 Lane : 5 Athlete: STEVENS GERBEN							Q-time: 03:05:70	
PB (25m pool): no time			PB (50m pool): 03:05.70 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:9, starttime: 17:46	
Heat: 9/13 Lane : 2 Athlete: MINNOYE TIEBE							Q-time: 02:54:45	
PB (25m pool): 02:52.93 Sint-Amandsberg 27/10/2024				PB (50m pool): 02:54.45 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.68		01:25.47		02:10.19		02:52.93
	00:40.68		00:44.79		00:44.72		00:42.74	
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:9, starttime: 17:46	
Heat: 9/13 Lane : 4 Athlete: DE CHAMPS LOïc							Q-time: 02:54:15	
PB (25m pool): 03:19.91 Sint-Amandsberg 22/10/2023				PB (50m pool): 02:54.15 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:19.91
	no time							
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:10, starttime: 17:49	
Heat: 10/13 Lane : 2 Athlete: STEVENS JAAN							Q-time: 02:45:78	
PB (25m pool): 02:45.78 Eeklo 21/04/2025				PB (50m pool): 02:49.25 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.03		01:21.53		no time		02:45.78
	00:39.03		00:42.50					
								

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:11, starttime: 17:53	
Heat: 11/13 Lane : 3 Athlete: EL GHAZALI ADAM							Q-time: 02:39:66	
PB (25m pool): 02:39.66 TEMSE 23/11/2025				PB (50m pool): 02:50.96SB: 02:39.66 TEMSE 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.65		01:17.73		01:58.58		02:39.66
	00:36.65		00:41.08		00:40.85		00:41.08	
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:11, starttime: 17:53	
Heat: 11/13 Lane : 5 Athlete: UVYN MAXIM							Q-time: 02:40:19	
PB (25m pool): 02:40.19 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:42.73 SB: 02:40.19 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.57		01:18.47		02:00.18		02:40.19
	00:37.57		00:40.90		00:41.71		00:40.01	
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:12, starttime: 17:56	
Heat: 12/13 Lane : 1 Athlete: VANNIEUWENHUYSE LOÏC							Q-time: 02:36:87	
PB (25m pool): 02:36.87 TEMSE 23/11/2025				PB (50m pool): 02:42.92 SB: 02:36.87 TEMSE 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.57		01:14.99		01:56.54		02:36.87
	00:35.57		00:39.42		00:41.55		00:40.33	
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:12, starttime: 17:56	
Heat: 12/13 Lane : 4 Athlete: HOSTE LARS							Q-time: 02:33:98	
PB (25m pool): 02:33.98 TEMSE 23/11/2025				PB (50m pool): 02:40.35SB: 02:33.98 TEMSE 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.01		01:15.16		01:54.99		02:33.98
	00:37.01		00:38.15		00:39.83		00:38.99	
								

Coach feedback:

Reg Crit dag4: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:13, starttime: 18:00	
Heat: 13/13 Lane : 1 Athlete: VAN TRICHT FINN							Q-time: 02:30:55	
PB (25m pool): 02:27.83 T ROSCO 20/10/2024				PB (50m pool): 02:30.55 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.74		01:12.07		01:50.03		02:27.83
	00:34.74		00:37.33		00:37.96		00:37.80	
								

Coach feedback: